Cabell County School Employees:

Cabell County Schools has met with the following Healthcare Providers and recommend that all non-emergency treatment be sought at these facilities. They are aware of our Return to Work Policy and Light Duty Program. Walk-in patients, X-ray machines and Physical Therapy are just a few of the many services that are offered by these healthcare providers. If possible, bypassing the emergency room for non-emergency related treatment will save you hours of waiting while still giving you the care that you deserve.

Preferred Healthcare Providers for Workers Compensation Claims

St. Mary's Occupational Medicine; 2827 5th Avenue, Huntington WV, 304-399-7858 Med Express Urgent Care; 3120 US Route 60 East, Huntington WV; 304-522-3627 Med Express Urgent Care- West; 10 Adams Ave., Huntington WV; 304-523-8838 Davis Chiropractic; 6430 E US Route 60, Barboursville WV, 304-736-4111 Short Chiropractic; 99 Cracker Barrell Drive- Suite 200, Barboursville WV, 304-733-4616 Overstreet Family Chiropractic; 6467 Farmdale Rd., Barboursville WV, 304-840-7760

*Instructions for Accident Packet

- 1) Complete the "Employee's Description of Event" and return to immediate supervisor
- 2) Give "Occupational Injury Investigative Report" to immediate supervisor to complete
- 3) Any witness to accident should complete the "Witness Interview Statement"
- 4) Give "Letter to Physician", "Attending Physician's Report", and both "Job Function Evaluation" forms to the initial treating physician. Ask them to fill out the "Attending Physician's Report" and return back to you. The other 3 forms are for the physician so that they understand our Return to Work program.
- 5) The following completed forms must be sent to the Cabell County Schools Risk Manager- Tim Stewart. The main office at your school can assist you.
- *Employee's Description of Event (complete/return within 24 hrs of accident).
- *Occupational Injury Investigative Report (complete/return within 24 hrs of accident).
- *Witness Interview Statement- If Applicable (complete/return within 24 hrs of accident).
- *Attending Physician's Report (turn in to main office of school ASAP after initial Physician visit).

Sincerely,

Tim Stewart Risk Manager- Cabell County Schools

Cabell County Board of Education Report of Injury Employee's Description of Event					
Minor	First Aid	Medical	Illness	Lost Work Day	
Name:			Job Title:		
(Stre	ale Date of Birth:	(City)		(Zip)	
Work Location:					
-		me:		PM	
Date Stopped Work Due Regular Work Schedule-		Time Sto	opped Due to Injury: Stop:	AM PM	
Type of Injury (Check all Cut (Laceration) Fracture Dislocation Contusion	that apply): Amputation Insect Bite Rupture Burn (Severe)	Burn (Mild) Puncture Sprain/Strain Rash	Abrasion Electrical Shock Other		
Injured Part of Body (Charles Injure	R L Wrist Hand Thumb Hip Leg Thigh toe injured:	R L Calf Knee Ankle Foot Instep Ribs	Head Mouth Teeth Neck Nose Back	Abdomen Groin Finger Toe Chest Other	
Describe the accident, ex Including any equipment			were doing it, where you	u were, etc.	
Nature of Event Fall (Same Level) Fall (Up-different leter) Fall (Down-different) Slip/Trip Cutting Edge	t level)Caught	On EBetween Control of the Image	Struck By Struck Against Electrical Contact Chemical Agent Inhalation	Exposure Exertion Hand Tool Hot Surface Other	
Witnesses: Name Do you anticipate seeking	g medical attention?	Address	Yes No	Phone Number	
Do you anticipate seeking Signature of Employee:	g medical attention?		Yes No		

Cabell County BOE Occupational Injury Investigative Report

Date of Report:

This report must be completed and attached to the Injured Employee Report and Witness Interview Reports if applicable and sent to the Safety Manager within 24 hours of accident

Investigative Report and sent to the Safety Manager within 24 hours of accident To Be Completed By Immediate Supervisor Name of Injured Employee: Work Location: Age: Occupation: Date of Accident: Time of Accident: Date Injury Reported to Supervisor: Please answer the following questions: 1) Describe Injury (type, body part, etc.) 2) Exact location at which accident occurred: 3) What happened? Describe the accident explaining what the employee was doing, how they were doing it, what initiated the accident (fall, trip, cut, exertion, etc.) and any relevant background information. 4) Did the Injured or other person do or fail to do anything that contributed directly to the accident? Be specific, (Ex: "Used ladder to short for job", "stood on folding chair") 5) Did any defective or otherwise unsafe condition(s) of tools, equipment, machinery, structures or work area contribute directly to the accident. If so, describe in detail. 6) Were pictures taken of the scene of accident? Yes Νo If pictures were taken, please attach 7) Were there witnesses Yes No If there were witnesses, did the witness complete a Witness Interview Rport 8) Additional Comments:

If injured employee seeks medical treatment, have employee contact Risk Manager so proper information can be sent to Workers Compensation insurance company.

Supervisor/Principal Signature:

Cabell County BOE Witness Interview Statement

This report must be completed and attached to the Injured Employee Report and Supervisor Injury Reports if applicable and sent to the Safety Manager within 24 hours of accident

To Be Completed By Witness

Νc	Note: Complete a witness report for each witness interviewed.				
1)	Name of Injured Employee:				
2)	Date of Injury:				
3)	Time of Injury:				
4)	Did the individual appear to be injured? If so, how?				
5)	Describe in your own words, how the injury occurred (what was individual doing).				
6)	Jame(s) of other witnesses:				
	rescibe in your own words, how you feel the injury could have been prevented or could be prevented in ne future:				
Wit	ess Name: Witness Signature:				
Prir	ipal Signature:				

LETTER TO PHYSICIAN

Re: Return-to-Work Program

To Whom It May Concern:

As a treating physician, your assistance is critical in the success of our return-to-work program. Our goal is to return our employees to productive employment as soon as appropriate following an injury or illness. Some key points we would like you to know are as follows:

- ➤ Our employee will provide you with an "accident package" at the time of their initial treatment. This package will consist of this letter, and the following forms:
 - a) Attending Physician's Report this should be used to outline any type of work restrictions. Please complete this form and give back to our employee.
 - b) Task Evaluation Form (Current Job) this form lists the type of physical activity required to perform the injured associates' job duties, without restrictions.
 - c) Task Evaluation Form (Alternative Job) this form lists the minimal amount of physical activity that we can accommodate with their job.
- ➤ Every effort will be made to enable the employee to return to work immediately or in the very near future; even if the worker returns to a transitional modified duty position, perhaps initially only for an hour or two a day.
- > We staff the employee's case internally on a weekly basis and will contact you should a question arise relative to transitional duty or related issues.
- > Any reasonable physical restrictions you deem appropriate will be considered.
- > We will contact you immediately if permanent limitations of any kind are projected to see if this will in any way affect the employee's ability to ultimately return to his/her regular (usual and customary) job, in your opinion.

Ultimately, we want to work in partnership with you. Should you have any questions about our return-to-work program, or one of your patients, please call. Additionally, we invite you at any time to come to our facilities to see first hand, the kind of work that is performed.

We look forward to working with you.

Sincerely,

Tim Stewart Risk Manager- Cabell County Schools

ATTENDING PHYSICIAN'S REPORT

<u>Instructions- Give this form and the job function evaluation forms to initial medical provider.</u> <u>Return completed form to Cabell BOE Risk Manager</u>

Patient's Name Employer: Ca	e: bell County Board	of Education	on		-	
Dear Doctor:	-					
us in returning Return-to-Wor	the following info g our employees t k program for empl Employee may retu	o work. loyees who	We have have bee	an extens n hurt on	sive and	This will assist comprehensive
	Employee may retu Employee may retu				restrictio	ns.
Hours/Day:	No Restrictions	8 hours	6 hour	s 4 hou	ırs otl	ner
Days/Weeks:	No Restrictions	5 days	4 days	3 days	other	
Lifting:	No Restrictions	40 lbs	30 lbs	20 lbs	10 lbs	other
Movement:	No Restrictions Limited Overhead					
Other (please s	pecify):					
Length of restri	ctions: Resume reg Employee	gular dutie will be re-e	s after	on (date)	days, <u>or</u>	
	ployee is totally incate)				yee will l	oe re-evaluated
	o physician and en er within 24 hours			t must be	returned	to Employee's
I saw the	e patient on: (date)		and h	ave made	the follow	wing diagnosis:
DX:						
5. Comme	nts:					
Physician's Sigr	nature		Date			· · · · · · · · · · · · · · · · · · ·

Cabell County Schools Job Function Evaluation

Job Title: Bus Aide

Check one: X Current Job Alternative / Modified Job

Physical Demands:

Standing	X	Carrying	X
Sitting	X	Stairs	X
Driving		Pulling	X
Walking	X	Kneeling	X
Running		Twisting	X
Lifting	X	Hand Tools	
Speaking	X		

Additional Comments: None

Cabell County Schools Job Function Evaluation

Job Title: Bus Aide

Check one: ___ Current Job __X Alternative / Modified Job

Physical Demands:

Standing		Carrying	
Sitting	X	Stairs	X
Driving		Pulling	
Walking	X	Kneeling	
Running		Twisting	
Lifting		Hand Tools	
Speaking	X		

Additional Comments: <u>Walking / Stairs would only be applicable to entering and exiting the bus.</u>