

Emergency Action Plan Worksheet – Student Response Team

Coach/Advisor Name: James Cooper

Activity: Golf

Level: Middle School

1 911 TEAM			2 CPR/AED TEAM			3 AED TEAM		
CALL 911			START CPR			GET THE AED		
CALL 911. Explain emergency. Provide location.			<ol style="list-style-type: none"> 1. Position person on back 2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression. 3. Take turns with other responders as needed 				<u>PRACTICE</u>	<u>EVENTS</u>
	PRACTICE	EVENTS						
Closest Phone	Coaches	Coaches	Coach	James Cooper	James Cooper	Closest AED	With Coach	With Coach
EMS Access Point	Clubhouse	Clubhouse	Student 1	Cooper Moore	Cooper Moore	Student 1	Cooper Moore	Cooper Moore
Street Intersection	Guyan Country Club	Guyan Country Club	Student 2	Gwen Yoost	Gwen Yoost	Student 2	Gwen Yoost	Gwen Yoost
Student 1	Cooper Moore	Cooper Moore	Student 3	Grady Stotts	Grady Stotts	GET THE ATHLETIC TRAINER		
			WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS			Typical Location	With Athletic Trainer	With Athletic Trainer
Student 2	Gwen Yoost	Gwen Yoost	<ol style="list-style-type: none"> 1. Remove clothing from chest. 2. Attach electrode pads as directed by voice prompts. 3. Stand clear while AED analyzes heart rhythm. 4. Keep area clear if AED advises a shock. 5. Follow device prompts for further action. 6. After EMS takes over, give AED to Athletic Administrator for data download. 			Student 1	Cooper Moore	Cooper Moore
						Student 2	Gwen Yoost	Gwen Yoost
						CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.		
MEET AMBULANCE at EMS Access Point. Take to victim.			4 HEAT STROKE TEAM					
	Practice	Events						
Entry Door/Gate	Clubhouse	Clubhouse		PRACTICE	EVENTS	PREPARE TUB DAILY		
Student 1	Cooper Moore	Cooper Moore	Tub Location	Clubhouse	Clubhouse		PRACTICE	EVENTS
Student 2	Gwen Yoost	Gwen Yoost				Student 1	Cooper Moore	Cooper Moore
CALL CONTACTS. Provide location and victim's name.			Water Source Location	Clubhouse	Clubhouse	Student 2	Gwen Yoost	Gwen Yoost
	NAME	CELL	Ice Source Location	Clubhouse	Clubhouse	<ol style="list-style-type: none"> 1. Remove equipment/excess clothing. Move to shade. 2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body 3. Monitor vital signs. 4. Cool First, Transport Second. 5. Cool until rectal temperature reaches 102 F if ATC or MD is available. 6. If no medical staff, cool until EMS arrives. 		
Athletic Trainer	Tom Belmaggieo							
Athletic AD	James Cooper		Ice Towel Location	Clubhouse	Clubhouse			
Student 1	Cooper Moore	NA	Student 1	Cooper Moore	Cooper Moore			
Student 2	Gwen Yoost	NA	Student 2	Gwen Yoost	Gwen Yoost			

