

Emergency Action Plan Worksheet – Student Response Team								
Coach/Advisor Name: Blaine Crabtree			Activity: Wrestling			Level: Middle School		
1 911 TEAM			2 CPR/AED TEAM			3 AED TEAM		
CALL 911			START CPR			GET THE AED		
CALL 911. Explain emergency. Provide location.			1. Position person on back 2. Put one hand on top of the other on middle of person's chest. Keeping arms straight, push hard and fast, 100 presses/minutes. Let chest completely recoil after each compression. 3. Take turns with other responders as needed				PRACTICE	EVENTS
	PRACTICE	EVENTS						
Closest Phone	Coaches	Coaches	Coach	Sam St. Clair	Sam St. Clair	Closest AED	Hallway	In School
EMS Access Point	Main doors of practice area	Main school doors	Student 1	Cruz Moss	Cruz Moss	Student 1	Cruz Moss	Cruz Moss
Street Intersection	McCoy Road	School	Student 2	Bruce Fowler	Bruce Fowler	Student 2	Bruce Fowler	Bruce Fowler
Student 1	Cruz Moss	Cruz Moss	Student 3	Elijah Edwards	Elijah Edwards	GET THE ATHLETIC TRAINER		
			WHEN AED ARRIVES, TURN IT ON AND FOLLOW VOICE PROMPTS			Typical Location	With Athletic Trainer	With Athletic Trainer
Student 2	Bruce Fowler	Bruce Fowler	1. Remove clothing from chest. 2. Attach electrode pads as directed by voice prompts. 3. Stand clear while AED analyzes heart rhythm. 4. Keep area clear if AED advises a shock. 5. Follow device prompts for further action. 6. After EMS takes over, give AED to Athletic Administrator for data download.			Student 1	Cruz Moss	Cruz Moss
						Student 2	Bruce Fowler	Bruce Fowler
						CALL 911 for all medical emergencies. If unresponsive and not breathing normally, begin CPR and get the AED.		
MEET AMBULANCE at EMS Access Point. Take to victim.			4 HEAT STROKE TEAM					
	Practice	Events		PRACTICE	EVENTS	PREPARE TUB DAILY		
Entry Door/Gate	Back of Building	Main Doors						
Student 1	Cruz Moss	Cruz Moss	Tub Location	In Locker room	N/A		PRACTICE	EVENTS
Student 2	Bruce Fowler	Bruce Fowler				Student 1	Cruz Moss	Cruz Moss
CALL CONTACTS. Provide location and victim's name.			Water Source Location	Multiple water sources	Hallway	Student 2	Bruce Fowler	Bruce Fowler
	NAME	CELL	Ice Source Location	Training area	Concession	1. Remove equipment/excess clothing. Move to shade. 2. Immerse athlete into cold ice water tub, stir water. *If no tub: cold shower or rotating cold, wet towels over the entire body 3. Monitor vital signs. 4. Cool First, Transport Second. 5. Cool until rectal temperature reaches 102 F if ATC or MD is available. 6. If no medical staff, cool until EMS arrives.		
Athletic Trainer	Tom Belmaggio							
Athletic AD	James Cooper		Ice Towel Location	Same	Concession			
Student 1	Cruz Moss	Cruz Moss	Student 1	Cruz Moss	Cruz Moss			
Student 2	Bruce Fowler	Bruce Fowler	Student 2	Bruce Fowler	Bruce Fowler			

